

B2B Relay Run

Bridge to Bridge Run, or Beat 2 Bucks

Beat 2 Bucks, or not Beat 2 Bucks? That is the question.

It's not about fast times. It's about good times.



Date: Sunday, September 23, 2018. Somewhere around 7:00am. Staggered by team 5K times.

Start and Finish: Virginia Forrest Recreation Area. Only 2 vehicles allowed per team in Virginia Forrest. Meet somewhere in advance.

Relay Teams: Limited to 7 teams. Maximum 7 on a team/minimum 4.

Runners: Create a team of 4 to 7. Or register solo, and as long as there are team openings, we will assign you to a team. Registration: \$10 donation recommended on Run Sign Up.

Register: <https://runsignup.com/Race/PA/NewHope/Bridge2Bridge>

Don't want to run? We are looking for volunteers. This is going to be a fun day. Join us.

Race Directors: Joeboyce@comcast.net (Joe Boyce), jflarson63@gmail.com (Jim Larson), williamschaffling@gmail.com (Bill Schaffling)

Course (subject to change due to construction)

Estimated 51.8 miles = two 25.9 mile loops, mostly on the towpath.

There are two bridge crossings. Centre Bridge from PA to Stockton, NJ. Frenchtown Bridge back to PA.

Teams must switch runners at these below approved exchanges **only** at legal stops/parking spots. Runners can run multiple legs in a row per team strategy.

There is **no parking or stopping** on NJ Route 29 shoulders or on PA Route 32 other than legal lots/spots. We have permits to use the route, and we must follow both state laws.

It's highly-recommended that at least the team captain drives the course once. We will have designated days that we will drive the course if you wish to join the caravan. Stay tuned.

Teams are responsible for their own running and support supplies.

Leg Total Virginia Forrest PA to NJ Legs

1.6	1.6	Stockton Towpath (Stockton Deli)
0.4	2	Prallsville Mill (Bathroom)
2.9	4.9	Prallsville to Bull's Island (Bathroom)
0.8	5.7	Bull's Island to Stompf Tavern Boat Launch
1	6.7	Stompf Tavern Boat Launch to Route 29 Mile Marker 27.5 (Porta Potty)
4.8	11.5	Marker 27.5 to Nagy's Orchard/Fairview Rd Bus Stop
1.3	12.8	Nagy's to Kingwood Boat Launch/1 st R2C Exchange (Porta Potty)
0.7	13.5	Kingwood Boat Launch to Washington St
0.4	13.9	Washington St to Frenchtown Bridge/Bridge Café (Parking Lot)

Frenchtown NJ to PA

0.6	14.5	Washington St over Frenchtown Bridge to Uhlerstown Hill Rd Path Entrance
1.5	16	Uhlertown Hill Rd to Tincum Park
1.2	17.2	Tincum Park to off-road lot (near Golden Pheasant Inn/Sand Castle Winery)
3.6	20.8	Pheasant Inn/Sand Castle Winery to Bridge 2/parking lot over bridge on right
1.7	22.5	Bridge 2 to Big White Divider Lot
1.3	23.8	Big White Divider Lot to Bull's Island Bridge (Park on Old Carverville Rd)
2.1	25.9	Bull's Island Bridge to Virginia Forrest (Bathrooms)

*****The race will be followed by a BBQ at Virginia Forrest courtesy of BCRR.**

